



## Thursday 6<sup>th</sup> of February 2020

### Choice of Fresh Appetisers Daily

Homemade Cream of Vegetable Soup	€5.50
Special Soup of the Day: Carrot, Orange & Ginger	€5.50
Atlantic Seafood Chowder	€7.95
Traditional Egg Mayonnaise	€7.25
Golden Fried Duck Spring Rolls with Sweet Chilli Sauce	€8.20
Spicy Chicken Wings with Salad, Garlic & Basil Dip	€8.25

### Today's Roast from the Carvery

Roast Breast of Irish turkey Served with Herb Stuffing, Cranberry Sauce & Jus De Roti	€13.25
---	--------

### Main Course

Golden Fried Lightly Cajun Pork chops Served with Spring Onion Cream Sauce	€13.25
Whitford Style Beef, Mushroom & Guinness Puff Pastry Pie	€13.30
Baked Fillet of Salmon Served with Fennel Sauce	€13.25

### Vegetarian Option

Fusilli Pasta Tossed in Rich Garlic Sauce with a Selection of Roast Italian Style Vegetables	€12.50
--	--------

### Healthy Option

Greek Salad; Mixed Leaves with Olives, Sundried Tomato, Feta Cheese, Herb Croutons, Pickled Beetroot & Light Dressing	€14.50
---	--------

### Chefs Specials from the Kitchen "Mias an Lae ón gCistín

Brioche Bun Filled with Chicken Goujons, Lettuce, Tomato, Garlic Mayonnaise & Onion Rings Side Salad & French Fries	€12.95
--	--------

Caesar Salad served with French Fries with choice of:	€11.95
---	--------

Warm Cajun Chicken **or** Black Pudding & Bacon

Stone Baked Margherita Pizzas with Salad & Chips

Choice of Hawaiian Pizza, Pepperoni Pizza or Flamin' Hot Pizza; Salad & Chips	€11.95
---	--------

**Vegan Pizza:** Stone baked Pizza Topped with Olives, Tomato, Onion, Spinach, Mango,

Vegan Mozzarella Topped with Rocket	€13.95
-------------------------------------	--------

<b>Wok Dish:</b> Chefs Prawn & Vegetable Egg noodle Stir-fry	€13.50
--	--------

### Prepared to Order from our Salad Bar

Try our selection of freshly prepared sandwiches, salads, meat & fish platters and freshly cooked starters available to order from our salad bar





## Desserts of the Day

Apple Crumble Served with Custard & Vanilla Ice-Cream	€6.50
Whitford Style Sherry Trifle Topped with a Swirl of Cream	€6.50
Sticky Toffee Pudding served with Butterscotch Sauce & Vanilla Ice-Cream	€6.50
Fresh Fruit Pavlova served on a Duo of Coulis	€6.50

## Why Not Try Our New Whipped Ice Cream Treats

### For the Adults

<b>Ginger &amp; Rum Chill:</b> Ginger Crunch, Diced Pears, Layered Between Soft Whipped Ice-Cream, Drizzled with Rum & Caramel Glaze <b>Contains: (M) Wheat</b>	€6.50
<b>Oreo Crunch:</b> Crushed Oreo, Strawberry & Caramel Sauce Layered Between Whipped Ice-Cream <b>Contains: Wheat (M)</b>	€6.50
<b>Sticky Toffee &amp; Banana Sundae:</b> Warm Sticky Toffee, Banana & Butterscotch Sauce, Layered Between Whipped Ice-Cream <b>Contains: (M) Wheat (E)</b>	€6.50
<b>Apple Pie Sundae:</b> Stewed Apple, Warm Custard and Shortbread Biscuit Layered Between Whipped Ice-Cream <b>Contains: (Wheat)(M)</b>	€6.50

### For The Kids

<b>Elsa's Touch:</b> Chocolate Ice-Cream, Strawberry Ice-Cream Topped with Vanilla Whipped ice-Cream <b>Contains: (M)</b>	€3.95
<b>Shaggy &amp; Scooby's Delights:</b> Warm Pancakes With Warm Nutella & Whipped Ice-Cream <b>Contains: (M) (E) (Wheat)</b>	€3.95
<b>Gru's turbo Boost:</b> Banana & Meringue Topped with Whipped Ice-Cream & Bubble-gum Syrup <b>Contains: (M)</b>	€3.95
<b>Woody's Cowboy Treat:</b> Whipped ice-cream, Smarties, Mini Marshmallows With Butterscotch Sauce, Topped with Cadbury Flakes <b>Contains: (M)</b>	€3.95
<b>Dr. Dolittles Wibbly Wobbly Wonder:</b> Strawberry & Lime Syrup, Fruit Jelly, Whipped Ice-Cream & Sugar Coasted Beans <b>Contains: (M)</b>	€3.95
<b>The Superhero:</b> Fresh Fruit salad, Served with Whipped ice-Cream <b>Contains: (M)</b>	€3.95

### Allergens

Please note every effort has been made by our chefs to remove all fish bones, we ask that you be cautious as some small bones may remain.

Allergens: We kindly ask that you inform our chefs directly if you have any allergens and they will be happy where possible to tailor make a dish to suit your dietary requirements. We have a full list of allergens on file if you wish to view.

List of Allergens: some of our food may contain cereals including gluten(G), crustaceans(CN) such as crab, prawn etc. Egg(E), soya(S), beans, milk(M), nuts(P)(N), mustard (MD), sesame (SE), Lupin(L) or molluscs (MS)