



**€50 Members €65 for non members**  
**Suitable for children age 5-12 years**  
Each child will get a camp T-Shirt and Bag

Our camps help promote healthy lifestyles for children by providing simple nutritional tips and encouraging healthy habits.



Ball Games, Fun Relays, Fitness Classes, Team Games Pool Fun, Parachute Games AND MORE!

**Halloween Fitness Camp**  
Mon 28<sup>th</sup> Oct – Fri 01<sup>st</sup> Nov

**Easter Fitness Camp**  
Mon 06<sup>th</sup> April- Fri 10<sup>th</sup> April

**Summer Fitness Camp**  
Mon 06<sup>th</sup> July- Fri 10<sup>th</sup> July  
Mon 13<sup>th</sup> July- Fri 17<sup>th</sup> July  
Mon 27<sup>th</sup> July- Fri 31<sup>st</sup> July  
Mon 03<sup>rd</sup> Aug- Fri 07<sup>th</sup> Aug  
Mon 10<sup>th</sup> Aug – Fri 14<sup>th</sup> Aug  
Mon 17<sup>th</sup> Aug- Fri 21<sup>st</sup> Aug

**Summer Swim Camp**  
Mon 20<sup>th</sup> July- Fri 24<sup>th</sup> July  
Mon 17<sup>th</sup> Aug – Fri 21<sup>st</sup> Aug  
Members €40 and Non members €50

**Booking now call 053 91 40404**