



# Vegan Menu

STARTERS €6.95

Almond Milk and Seasonal Fruit Smoothie

Crips Potato Skins filled with Roasted Mediterranean Vegetables  
topped with Vegan Cheese

Overnight Oats topped with Almond Yoghurt and  
Berry Compote

Refreshing Raspberry Sorbet

Whitford Fruit Platter

## **MAIN COURSE €14.95**

Brown Fusilli with Asparagus, Lemon and Peas

Brown Vegetable Curry served with Steamed Rice

Pea Protein Burger with Red Onion Marmalade  
served in a Wholegrain Bagel

Summer Salad of Rocket, Spinach , Pineapple , Orange , Plum drizzled  
with Mixed Seeds and Balsamic Vinegar

DESSERT €6.75

Apple and Nut Crumble

Rhubarb and Raspberry Sundae

Carmelised Banana and Pineapple

