

Dear Guest,

At Whitford we handpick the very best quality ingredients from a brigade of local and artisan suppliers. This ensures that only the freshest and most flavoursome food is served to our guests, whilst supporting the local economy and the environment.

The following is a list of our Local Food Hero's: Atlantis of Kilmore Quay, Richie Doyle's Meats, Castle Brand eggs, Cullen's Fruit & Vegetables, Stafford's Bakery, Greenhill Fruit farm.

Thank you for supporting our family business
- Whitty family

* PLEASE NOTE NO BILLS CAN BE SPLIT FOR PARTY'S OVER 6 PAX

STARTERS

STARTER MAINS

Potted Mexican Beef Chili €10.50 .. €19.50
Gratinated with duo of cheese, drizzled with taco mayonnaise, served with a tomato & mango salsa, crisp tortilla.
Contains: **Wheat (E) (M) (MD) (SE) (S) (CY)**

Golden Fried Brie Cheese €10.95 .. €19.50
Served with winter berry relish, gem lettuce
Contains: **(M) Wheat (E)**

Chicken & Mushroom Vol-au-Vent €10.95 .. €19.95
Served in a creamy white wine & garlic sauce
Contains: **(M) (SD) (CY) Wheat (S) (E)**

Penne Pasta with Chicken & Chorizo €10.95 .. €19.95
Bound in a mediterranean creamy tomato sauce, parmesan shavings
Contains: **Wheat (E) (M) (S) (MD)**

Golden Fried Duo of Cod Chunks & Pink Tail Prawns €11.95 .. €23.25
Served with a house dipping sauce.
Contains: **Wheat (CN) (M) (F) (MD)(E)**

Richie Doyle's Succulent Baby Back Ribs €12.95 .. €24.00
Coated in a rich BBQ glaze. Served with pineapple, sweet bell pepper & cherry tomato kebab
Contains: **Barley (SD) (SE) (CY) (MD)**

Chefs Homemade Soup Of The Day €6.50
Served with a crusty bread roll and wholemeal brown bread
Contains: **(M) Wheat (CY)(SD)**

Classic Egg Mayonnaise €10.50 .. €17.50
Boiled eggs, glazed with a duo of sauces accompanied with pasta salad, creamy potato salad, coleslaw, gem leaves, cheddar cheese, tomato & slice of wholemeal bread.
Contains: **Wheat (E) (M) (CY) (MD)**

Forthside Chunky Seafood Chowder €11.50
Served with wholemeal bread

Meal it up:
Bowl of Chowder, Garlic Bread and Chips €16.50
Contains: **(M) (CN) Wheat (CY)(MS)(E)(F)(SD)**

Whitford Style Finger Licken' Chicken Wings ... €10.95 .. €19.95
Sprinkled with sesame seeds, blue cheese dip & celery sticks
Contains: **Wheat (E) (M) (CY) (MD) (SE)**
Hot sauce available on request

Caesar Salad €9.00 .. €14.50
Cos Lettuce, herb croutons, caesar dressing and parmesan shavings (*) (V) or topped with one of the following:
Warm Spiced Cajun Chicken €11.95 .. €18.95
Black Pudding and Crispy Bacon €11.95 .. €18.95
Pan-fried King Prawns in Garlic Butter (8) €12.95 .. €23.00
Sliced Plain Chicken €11.95 .. €18.95
Contains: **Wheat (M)(E) (MD)(CN)(SD)**

All starters are available in main course size and served with chips & salad or vegetables & potatoes (SD)

Contains: **(M)**
Side salad available on request. Contains: **(M) (MD) (E)**

ESTABLISHED 1964



WHITFORD
HOUSE HOTEL ★ ★ ★ ★

Bistro Menu

MAINS

PLEASE NOTE EACH DISH IS COOKED TO ORDER. PLEASE ALLOW FOR COOKING TIME.

ALL OUR BEEF IS OF IRISH ORIGIN.

ALL MAIN COURSES COME WITH POTATO (CONTAINS SD) & VEGETABLES (CONTAINS M) OR CHIPS

SIDE SALAD AVAILABLE ON REQUEST CONTAINS (M) (SD) (MD)

FROM THE GRILL

Richie Doyle's 10 oz Dry Aged Sirloin Steak €29.95
Cooked to your liking, rested on champ mash, garnished with crisp onion rings, sauté mushrooms & roast half tomato, choice of spring onion & garlic butter or creamy pepper sauce.
Contains: **(SD) (M) Wheat (CY)**

Large Mix Grill €23.95
2 Rashers, 2 sausages, black and white pudding, lamb cutlet, pork chop, sauté mushrooms, grilled tomato & fried egg.
Contains: **(SD) (M) Wheat, (E) Barley**

Small Mix Grill €15.95
2 Rashers, 2 sausages, sauté mushrooms, tomato & fried egg.
Contains: **Wheat, (SD) (E) (M)**

The Yorky €26.95
8 oz sirloin steak, served on a creamy champ mash, sauté onions & mushroom. Presented in a large Yorkshire pudding, with creamy pepper sauce or garlic butter.
Contains: **(SD) (M) Wheat, (E) (CY)**

The Ultimate Beef Burger €19.95
Two 4oz gourmet Herford beef burger with melting emmental cheese, crisp smokey bacon, tomato relish fried egg, Whitford burger sauce, gem leaves in a soft brioche bun.

The Ultimate Single Burger with above dressings €15.95
Contains: **(SD) (Barley) Wheat (E) (MD) (CY)**

Slow Roast Shank of Lamb €23.95
On a sweet potato & rosemary mash.
Served with caramelised red onion jus.
Contains: **(SD) (M) Wheat (CY)**

Sri Lankan Red Lentil Curry
With green beans, garden peas, diced carrot served with scented rice & garlic naan bread

Chicken €19.95
Contains: **(SD) Wheat (CY)**

Prawns €23.95
Contains: **(CN) Wheat (CY) (SD)**

Roast Half Duck €23.95
Carved onto a stir fry of greens, spinach, bok-choi, green beans glazed with five spice, plum & soya jus.
Contains: **(SD) Wheat (CY) (S)**

Braised Featherblade of Beef €23.95
Rested on champ mash with pickled onion & smoked bacon jus.
Contains: **(SD) (CY) Wheat (M)**

Open House Chicken Burger €19.50
Golden fried fillet of chicken, coated in a Korean sauce, rested on toasted focaccia bread, tomato & mango salsa, streaky bacon, melting brie, peppery rocket and drizzled with balsamic reduction. Contains: **(M) Wheat (E) (SD) (MD) (CY)**

Oven Roast Breast of Chicken €18.95
With a herb & onion stuffing, wrapped in bacon & carved onto creamy champ mash, basil café au lait sauce.
Contains: **(M) Wheat (SD) (CY)**

Whitford Signature Oriental Sizzler

Fresh plum, pineapples, green beans & pak choi, coated in a sweet soya, hoi sin & plum sauce, served with scented rice

Chicken Oriental €19.95
Contains: **Wheat (SE) (S) (CY)**

Prawn Oriental €23.95
Contains: **Wheat (SE) (S) (CY)(CN)**

Surf "n" Turf €31.95
8 oz sirloin steak cooked to your liking, nestled on creamy potato, topped with succulent golden fired pink tail prawn scampi (5) and served with a spring onion & garlic butter
Contains **(SD) (M) Wheat (E) (CN)**

FROM THE SEA

All our fish is locally sourced from Atlantis of Kilmore Quay and subject to availability

The Fisherman €22.95
Golden fried cod pieces in a light vinegar & sea salt batter, served with pea puree & home made tartar sauce
Contains: **(F) Wheat (MD) (E) (M)**

Medley of Kilmore seafood €24.95
Cod, monkfish, salmon, king prawns served in a rich garlic & spring onion butter, garnished with samphire & roasted sun blushed tomatoes
Contains: **(F) (CN) (M)**

Golden Fried Pink Tail Prawn Scampi €23.95
Served with tartar sauce & creamy coleslaw
Contains: **Wheat (E) (M) (CN) (MD)**

Baked Fillet of Fresh Salmon €24.95
Rested on a sundried tomato & chorizo risotto, basil pesto & balsamic reduction drizzle
Contains: **(F) (E) (M) (S) Cashew**

Baked Fillet of Fresh Haddock €22.95
Champ mash topped with a fried egg & streaky bacon, served with a creamy onion sauce.
Contains: **(F) (SD) (M) (E)**

ALLERGENS - All 14 allergens are used openly through-out the kitchen. Please inform your server of any allergens.

*Gluten = all glutes are individually noted;

*Crustaceans = CN; *Eggs = E; *Fish = F; *Molluscs = MS;

*Soybeans = S; *Peanuts = P;

*Nuts = all nuts are individually noted; Milk = M;

*Celery = CY; *Mustard = MD; *Sesame Seeds = SE;

*Sulphates = SD; *Lupin

SALADS

Home Cooked Cold Meat Salad €19.50
Breast of chicken, sirloin of beef, honey glazed back bacon, with tomato, coleslaw, potato salad & pesto pasta salad, egg, seasonal leaves, cheddar cheese. Served with brown bread.
Contains: **(SD) (M) (MD) Cashew (E) Wheat**

Winter Salad €17.95
Of peppery rocket leaves, grilled halloumi cheese, clementines, pineapples and plums topped with warm streaky bacon, basil pesto & balsamic reduction.
Contains: **(M) Cashew (SD)**

Seasonal Seafood Salad €23.95
Lightly steamed selection of locally sourced Salmon, Cod, Shrimp & Tiger Prawns, Tomato, Coleslaw, Potato Salad, Pasta Salad, Gem Lettuce & a Taco Dipping Sauce. Served with Brown Bread.
Contains: **(F) (M) (MD) (CN) Wheat**

Additional Side orders:

Savoury Rice (CY) €4.15

Creamed Potatoes (M) €4.15

Chips (M) (CY) Wheat €4.15

Selection Vegetables (M) €4.15

Side Salad (MD) (SD) €4.15

Onion Rings (Wheat) (M) €4.15

Spicy Wedges (Wheat) (CY) €4.15

Crusty Garlic Bread (M) (Wheat) €6.25

ITALIAN STONE BAKED 9 INCH PIZZA

Margherita Pizza €14.95
Tomato sauce, Italian mozzarella cheese & grated cheddar (*) (V)
Served with chips & garlic dip.
Contains: **Wheat (M) (SD) (MD) (E)**

Pepperoni €15.95
Mozzarella, cheddar cheese & spicy pepperoni
Served with chips & garlic dip.
Contains: **Wheat (M) (SD) (MD) (E)**

BBQ Feast €15.95
Pulled beef, chicken & bacon in a rich BBQ sauce, topped with melting cheddar & mozzarella.
Served with chips & garlic dip.
Contains: **Wheat, Barley (SE) (MD) (CY) (SD) (M)**

Loaded Meat €15.95
Spiced chorizo, pepperoni, cajun chicken, jalapeno, duo of cheese (*) Served with chips & garlic dip.
Contains: **Wheat (MD) (SD) (M) (E)**

Vegetarian €14.95
Red onion, mushroom, spinach, red pepper, spring onion, pineapple & duo of cheese. Served with chips & garlic dip.
Contains: **(M) Wheat (MD) (E) (SD)**

Find us on Facebook and Instagram



VEGAN MENU

STARTERS

- Cherry Tomato, Cheese, Bruschetta, Rocket** €8.95
On whole meal bread, balsamic drizzle. *Contains: (S)*
- Tossed Salad** €8.95
Of peppery rocket, carrot, red onion, pineapple, plum, clementines, balsamic reduction. *Contains: (SD)*
- Winter Berry and Orange Smoothie** €6.95
Contains: (SD)

MAINS

- Wild Mushroom, Spinach and Sundried Tomato Risotto** . €18.95
Contains: (CY) (SD)
- Sweet Potato Falafel Wrap** €18.95
Tomato relish, mayo, gem lettuce, folded in soft flour tortilla wrap. Served with chips & salad
Contains: (SD) Wheat (MD)
- Red Lentil Vegetable Curry** €18.95
Served with savoury rice and garlic naan bread
Contains: Wheat
- Whitford Vegan Spice Bag** €18.95
Vegetables, chips & vegan sausage tossed in spice bag mix
Contains: Wheat (S) (SD) Barley
- Cajun Rice with Green Beans** €18.95
Pineapple, mushroom, spinach and sundried tomatoes
Contains: (CY)

VEGAN DESSERTS

- Warm Apple and Oat Crumble** €7.50
Served with sorbet. *Contains: Oats*
- Caramelized Banana with Winter Berry Compote** €7.50
Contains: (SD)
- Fresh Fruit and Berry Salad served with Sorbet** €7.50
Contains: (S)

STARTER MAINS

VEGETARIAN MENU

- Wild Mushroom Penne Pasta** €10.95 ... €18.95
With sundried tomato, spinach, topped with parmesan cheese, garlic croute. *Contains: (Wheat) (M) (CY) (SD)*
- Dee's Samosa** €10.95 ... €18.95
Filled with spiced potato, onions, peas and carrot, served with curry dip, tomato & mango salsa.
Contains: (M) (Wheat)
- Homemade Chickpea and Vegetable Burgers** €18.95
Coated in pinhead bread crumbs, served in a soft brioche bun, emmental cheese, gem leaves and taco sauce.
Contains: Wheat (E)(M)(MD)
- Red Lentil Vegetable Curry** €18.95
Served with savoury rice, garlic naan bread
Contains: Wheat (CY)
- Cauliflower Wings** €9.50
Florets of cauliflower coated in a spiced crumb, served with the following dips: sweet chilli and blue cheese
Build it up: Cauliflower Wings served with chips and salad . €18.50
Contains: (Wheat) (M) (SD)(CY)(E)(MD)
- Bell Pepper Poppers** €10.95 ... €18.95
Sweet bell pepper fingers, with duo of cheese filling, sprinkled with bread crumb and baked, served with sweet chilli sauce.

GLUTEN FREE MENU

STARTERS

- Grilled Halloumi Cheese** €10.95
Served with a tomato and fruit relish, salad garnish
Contains: (M)
- Mexican Beef Pots** Small €10.95 / Medium €19.50
Topped with duo of cheese, served with nachos and taco mayo
Contains: (SD) (M) (CY) (MD) (S)
- Classic Egg Mayonnaise** €10.50
Duo sauces, coleslaw and potato salad, cheese and tomato
Contains: (E) (M) (MD) (CY)
- Chef's Homemade Soup of the Day** €6.50
Gluten free bread. *Contains: (M) (E) (S)*
- Forthside Chunky Seafood chowder** €11.50
Gluten free bread. *Contains: (CN) (F) (M)*

MAINS

- Creamy Risotto with Wild Mushroom** €18.50
Spinach, sundried tomato, peas, topped with parmesan cheese.
Contains: (M) (CY) (SD)
- 10 oz Sirloin Steak** €29.95
Sauté onion and mushrooms, grilled tomato, spring onion and garlic butter. *Contains: (SD) (M)*
- Mix Grill** €16.95
2 rashers, 2 gluten free sausages, onion and mushroom, fried egg and pork chop. *Contains: (E) (SD) Wheat Barley*
- Sri Lankan Red Lentil Curry**
Green bean, peas, diced carrot, served with scented rice
Add chicken. *Contains: (CY) (SD)* €19.95
Add prawns. *Contains: (CY) (CN)* €23.95

- Lamb Shank on Sweet Potato Puree** €23.95
Gluten free gravy. *Contains: (SD) (CY)*
- Baked Fillet of Salmon** €24.95
Rested on sundried tomato and chorizo risotto, pesto and balsamic reduction. *Contains: (F) (M) (E) (S) Cashew*
- Baked Fillet of Fresh Haddock** €22.95
On creamy champ mash, topped with fried egg and streaky bacon, creamy onion sauce. *Contains: (F) (E) (M) (CY) (SD)*

- Gluten Free Sausages** Kids €8.35 / €15.50
With chips or potato and vegetables. *Contains: (M)*
- Gluten Free Chicken Goujons** Kids €8.35 / €15.50
With chips or potato and vegetables. *Contains: (M)*

GLUTEN FREE PIZZA MENU

ALL SERVED WITH CHIPS & GARLIC DIP

- Margherita.** *Contains: (M) (E) (SD) (MD)* €14.95
Spicy Pepperoni. *Contains: (M) (E) (SD) (MD)* €15.95
Loaded Meat. *Contains: (M) (E) (SD) (MD)* €15.95

DESSERTS

- Aoife's Chocolate Brownie** €7.50
With chocolate sauce, served with ice cream. *Contains: (E) (M)*
- Aoife Bread and Butter Pudding** €7.50
With custard and cream, served with ice cream. *Contains: (E) (M)*
- Fresh Fruit and Berry Salad with Sorbet** €7.30
Contains:
- Caramelized Banana with Berry Compote and Sorbet** .. €7.30
Contains:
- Berry and Fresh Fruit Pavlova, Berry Coulis** €7.50
Contains: (E) (M)
- Chocolate or Blueberry Muffins** €7.50
Served with raspberry sorbet and fresh fruit. *Contains: (E) (M)*

SANDWICHES

PREPARED TO ORDER AND SERVED WITH THE FOLLOWING FILLINGS:
BACK BACON (SD), CHEESE (M)
CHICKEN (CY), CHICKEN AND STUFFING WHEAT (MD) (M)
OR SALAD MIX (MD) (E)(M) WHEAT

- Sandwich with 1 Filling (Wheat) (M) €6.95
Add Combo: Soup or chips (Contains M) €11.25
- Freshly Cut Sandwiches with 2 Filling (Wheat) (M) €7.30
Add Combo: Soup or chips (Contains M) €11.75
- Freshly Cut Sandwiches with 1 Meat & 2 Filling €7.90
Contains: (Wheat) (M) (SD)
Add Combo: Soup or chips (Contains M) €12.50
- Gluten Free Bread with 2 Fillings €7.30
Add Combo: Soup or chips (Contains M) €11.75
- With 3 Fillings €7.90
Add Combo: Soup or chips (Contains M) €12.90
- Tortilla Wrap (Wheat) €8.35
Add Combo: Soup or chips (Contains M) €12.75
- Whitford Toasted Special** €8.95
With home cooked bacon, cheddar cheese, tomato and onion, served with salad and nachos. *Contains: Wheat (M) (MD) (E) (SD)*
Add Combo: Soup or chips (Contains M) €13.50
- Classic Toasted Sambo** €8.95
With bacon, chicken, coleslaw & lettuce.
Contains: Wheat (M) (SD)
Add Combo: Soup or chips (Contains M) €13.50

All Sandwiches are accompanied with Taco Dip

SPECIALITY SANDWICHES

- Focaccia Bap** €15.95
Filled with warm pulled brisket of beef in its own jus, sauté onion & house sauce served with chips.
Contains: Wheat (CY) (SD) (E) (MD) (M)
- Open Steak Sambo** €19.80
Pan-fried 6oz steak on focaccia bread, gem lettuce and tomato relish, sauté garlic mushroom, Dijon mustard mayonnaise, chips & side salad, pepper sauce dip. *Contains: (M) Wheat (CY) (SD) (E)*
- Spiced Chicken Bake** €15.25
Toasted garlic ciabatta, topped with cajun chicken, tomato, mango & salsa, melting cheese, drizzled with basil pesto & side salad with chips. *Contains: Wheat (M) (MD) Cashew (E)*
- Golden Chicken Tender Wrap** €13.95
Gem lettuce, tomato and taco mayonnaise in a soft tortilla, served with chips, side salad & nachos.
Contains: Wheat (SD) (M) (MD) (CY)
- Toasted Chicken, Stuffing, Mayonnaise & Brie Baguette** . €13.95
Served with coleslaw, chips & nachos.
Contains: Wheat (M) (MD) (E)

ICE CREAM SUNDAES

- Sticky Toffee & Banana Sundae** €7.50
Warm sticky toffee, banana & butterscotch sauce layered between soft whipped ice-cream. *Contains: Wheat (M)*
- Black Forest Sundae** €7.50
Black cherries soaked in kirsch layered with brownie pieces & vanilla whipped ice-cream, topped with chocolate shavings
Contains: Wheat (M) (E) (SD)
- Lemon Meringue Sundae** €7.50
Lemon curd, meringue pieces, layered between soft whipped ice-cream. *Contains: Wheat (M) (E)*
- Warm Apple & Custard Crumble Sundae** €7.50
Layered between soft whipped ice-cream. *Contains: Wheat (M) (E)*
- Warm Belgium Waffle Sundae** €7.50
Honeycomb ice-cream, chocolate pieces, butterscotch sauces, vanilla whipped ice-cream. *Contains: Wheat (M) (E)*
- Wibbly Wobbly Sundae** €7.50
Raspberry jelly, sorbet & vanilla ice-cream with fruit coulis topped with sprinkles. *Contains: (M)*
- Bread, Butter & Chocolate Chip Sundae** €7.50
Warm bread & butter pudding, custard & whipped ice-cream.
Contains: Wheat (E) (M)

HOMEMADE DESSERTS

- Creamy Black Cherry, Kirsch & Chocolate Cheesecake** €7.50
Served with whipped ice-cream
Contains: Wheat (M) (S) (SD)
- Warm Sticky Toffee Pudding** €7.50
Served with warm butterscotch sauce. *Contains: Wheat (M) (E)*
- Warm Apple & Pear Sponge** €7.50
Served with custard & vanilla whipped ice-cream
Contains: Wheat (M) (E)
- Lemon Curd Tart** €7.50
Topped with a crisp meringue finger served with raspberry sorbet
Contains: Wheat (E) (M)
- Whitford Fluffy Pavlova** €7.50
Topped with seasonal fruit, red fruit coulis. *Contains: (M) (E)*
- Warm Bread Butter & Choc Chip Pudding** €7.50
Served with custard & whipped ice-cream. *Contains: Wheat (M) (E)*
- Selection of Delux Ice-Cream** €7.50
Served on short bread biscuit & seasonal berries
Contains: Wheat (m) (e)
- Gluten Free Chocolate or Blueberry Muffin** €7.30
Served with sorbet & fresh fruit. *Contains: (E) (M)*
- Homemade Scones** €4.25
Served with fresh cream & fruit preserve. *Contains: Wheat (M) (E)*

CHILDREN'S DESSERTS

- Dreamy Garfield's Melt** €5.80
Belgium sweet waffle, topped with vanilla whipped ice-cream, butterscotch sauce and smarties. *Contains: Wheat (E) (M)*
- Gru Junior Pancake Stack** €5.80
Served with nutella and succulent strawberries & ice-cream. *Contains: Wheat (M)*
- Phantom Menace Dark Side** €5.80
Warm chocolate brownie, marshmallows and chocolate sauce. Topped with whipped ice-cream and chocolate crunch.
Contains: Wheat (M) (E)
- Robot Dreams** €5.80
Trio of bubble-gum, strawberry & lime syrup. Topped with soft whipped ice-cream and rainbow sprinkles. *Contains: Wheat (M)*
- Woody Woodpeckers Knickerbocker Glory** €5.80
Fruit jelly, summer berries and strawberry syrup. Topped with whipped ice-cream and chocolate flakes. *Contains: Wheat (M)*

TEAS / COFFEES

- Tea €3.00
- Baileys Coffee** €8.40
- Cappuccino** €4.50
- Calyppo Coffee** €8.40
- Espresso** €4.15
- Americano** €4.35
- Latte** €4.50
- Hot Chocolate** €5.35
- Herbal Tea** €4.50
- Irish Coffee** €8.00
- Russian Coffee** €8.40
- French Coffee** €8.40
- Iced Coffee Frappé** €5.75
- Flavoured Syrups** 70c extra
Salted Caramel, Hazelnut, Vanilla, Chocolate Cookie, Spiced Maple
- Barista Plant Based Milks** 70c extra
Soya, Almond, Oat.