Dear Guest,

At Whitford we handpick the very best quality ingredients from a brigade of local and artisan suppliers. This ensures that only the freshest and most flavoursome food is served to our guests, whilst supporting the local economy and the environment.

The following is a list of our Local Food Hero's: Atlantis of Kilmore Quay, Richie Doyle's Meats, Fancy Fungi, Castle Brand Eggs, Cullen's Fruit & Vegetables, Tirlán, Stafford's Bakery, Greenhill Fruit.

* PLEASE NOTE NO BILLS CAN BE SPLIT FOR PARTY'S OVER 6 PAX

STARTERS		-
Ale Total	Starter	Mains
Sticky Korean Style Chicken Wings		. €19.95
Spiced Beef Tartlet		. €19.50
Chef's Homemade Soup of the Day Served with crusty bread roll and wholemeal b Contains: Wheat (M) (CY) (SD)	rown bread	. €6.50
Chicken, Bacon & Mushroom Vol-au-Vent Served in a creamy white wine sauce. Contains: (M) (SD) (CY) Wheat	. €10.95	. €19.95
Golden Fried Dill Scented Cod Goujons With homemade tartar sauce Contains: Wheat (E) (M) (MD)	.€11.95	. €22.95
Richie Doyle's Succulent Baby Back Ribs Coated in a rich BBQ glaze. Served with pineapple, sweet bell pepper & cherry Contains: Barley (SD) (SE) (F) (CY) (MD)		
Forthside Chunky Seafood Chowder Served with wholemeal bread Meal it up:	. €10.95	
Bowl of chowder, garlic bread and chips Contains: (M) (CN) Wheat (CY) (MS) (E) (F) (SD		.€16.50
Caeser Salad	€9.00	. €14.50
Warm spiced Cajun chicken Black pudding and crispy bacon Pan-fried king prawns in garlic butter (8)	.€10.95 . €12.50	. €18.95 . €22.00
Sliced Plain Chicken	.€10.95	. €18.95
Classic Egg Mayonnaise With duo of sauces, potato salad, coleslaw, seasona sliced cheddar and homemade brown bread. Contains: (E) (M) (MD)		
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Golden Fried Brie Cheese €10.95 €20.95 Served with a cranberry, orange & chilli jam, salad garnish Contains: (M) Wheat (E)

All starters are available in main course size and served with chips/potatoes & vegetables. Salads available on request.

Contains: (M)



Bistro Menu

ALL ITEMS ON THIS MENU ARE COOKED TO ORDER. PLEASE ALLOW FOR COOKING TIME. ALL OUR BEEF IS OF IRISH ORIGIN. ALL MAIN COURSES COME WITH CHIPS/POTATOES & VEGETABLES

SIDE SALAD AVAILABLE ON REQUEST

FROM THE GRILL

Contains: Cashew (M)

THOM THE OMEE	
Richie Doyle's 8oz Dry Aged Sirloin Steak	
Large Mix Grill:	
Small Mix Grill:€14.95 2 rashers, 2 sausages, sauté mushrooms, tomato & fried egg. Contains: Wheat (SD) (E) (M)	
The Yorky:€25.00 6oz sirloin steak served on a creamy champ mash, sauté onions & mushrooms, presented in a large Yorkshire pudding, with creamy pepper sauce or garlic butter. Contains: (SD) (M) Wheat (E) (CY)	
The Gru Burger:€19.75 8oz gourmet Hereford Irish beef burger with gem lettuce, smoked bacon, tomato relish, melting emmental cheese, topped with a soft fried egg and burger sauce between a soft brioche bun. Contains: (SD) Barley, Wheat (E) (MD) (CY) (M)	
The Minion Burger:	
Slow Roast Shank of Lamb€23.95 On a sweet potato & rosemary mash, served with caramelised red onion jus. Contains: (SD) (M) Wheat (CY)	
Whitford Signature Oriental Sizzler: Fresh plum, pineapples, sugar snaps & pak choi, coated in a sweet soya, hoi sin & plum sauce, served with steamed rice. Chicken Oriental: Contains: Wheat (SE) (S) (CY) €19.95 Pulled Beef Oriental: Contains: Wheat (SE) (S) (CY) (SD) €22.95 Prawn Oriental: Contains: Wheat (SE) (S) (CY) (CN) €23.95 Pulled Pork Oriental: Contains: Wheat (SE) (S) (CY) (SD) €21.95	
Spicy Asian Curry With red pepper, potato and peas. served with rice, garlic & coriander naan bread.	
Chicken: Contains: (CY)	

Braised Featherblade Of Beef
Egg Noodle Stir Fry: With cabbage, peppers, red onion, carrots & spring onion in a spiced orange peanut sauce Chicken: Contains: Wheat (S) (CY) (MS) Peanut €19.95 Pulled Beef: Contains: Wheat (S) (CY) (SD) (MS) Peanut €22.95 Prawns: Contains: Wheat (S) (CN) (MS) Peanut €23.95 Pulled Pork: Contains: Wheat (M) (E) (S) (MS) Peanut €21.95
Homemade Potato Rissole
Open House Spiced Chicken& Maple Burger €19.50 Crispy chicken fillet , drizzled with maple syrup, rested on focaccia bread, gem lettuce, smoked rasher, emmental cheese, cranberry orange & chilli jam, peppery rocket, drizzled with balsamic reduction. Contains: (M) Wheat (E) (SD)
Penne Pasta in a Rich Mushroom & White Wine Sauce €17.95 With spinach, sundried tomato & parmesan cheese. Contains: Wheat (M) (CY) (SD) Add Chicken €19.95 Add Prawns. Contains (CN) €23.95
FROM THE SEA All our fish is locally sourced from Atlantis of Kilmore Quay and subject to availability

and subject to availability	
The Fisherman	
Baked Fillet of Salmon	
Atlantic Trio€24.95 Grilled fillet of haddock, golden cod goujons & grilled king prawns with	

a Thai yellow coconut cream. Contains: (F) (CN) Wheat (M) (E)

Medley of Kilmore Seafood €24.95 Cod, salmon, prawns & monkfish, rested on sauté potato & spinach. Served with tomato, fennel & garlic butter. Contains: (F) (CN) (M)

ALLERGENS - All 14 allergens are used openly through-out the kitchen. Please inform your server of any allergens. *Gluten = all glutens are individually noted; *Crustaceans = CN; *Eggs = E; *Fish = F; *Molluscs = MS; *Soybeans = S; *Peanuts = P; *Nuts = all nuts are individually noted; Milk = M; *Celery = CY; *Mustard = MD; *Sesame Seeds = SE; *Sulphates = SD; *Lupin

VEGAN MENU STARTERS

Spinach, Plum, Pineapple, Grapes & Carrot Salad€8.95 Balsamic reduction, sunflower seeds.
Almond & Berry Smoothie €7.95 Contains: Almonds
Panfried Mushroom
MAINS
Vegan Wrap Sweet Potato Falafel
Mushroom & Potato Hash
Stirfry Of Seasonal Vegetables
Whitford Vegan Spicebag
DESSERTS
Vegan Baked Oats€6.95 Winter berry compote, topped with toasted porridge oats, cashew nuts and drizzled with maple syrup. Contains: Wheat, Cashew Nuts.
Fresh Fruit & Berry Salad Served With Sorbet €6.95 Contains: Cashew (M)
Caramelised Banana with Vegan Yogurt & Sorbet €6.95 Contains: (S)

VEGETARIAN OPTIONS

Spicy Asian & Vegetable Curry	.€17.95
Homemade Potato Rissole	
Dee's Samosa	€17.95
Homemade Chickpea & Vegetable Burger	€17.95
Whitford Signature Vegetable Oriental Sizzler	

Fresh plum, pineapple, sugar snaps & pok choi, seasonal vegetables coated in a sweet soya, hon-sin & plum sauce, served with steamed rice. Contains: Wheat (SE) (S) (CY)

SALADS

Home Cooked Cold Meat Salad €19.40
Breast of chicken, sirloin of beef and honey glazed back bacon, with coleslaw, potato salad & pesto pasta salad, egg, seasonal
leaves, cheddar cheese. Served with Brown Bread.
Contains: (SD) (M) (MD) Cashew (E) Wheat

Smoked Bacon & Brie Salad €17.95 Tossed salad of mixed leaves, pineapple, plum, red onion,

grated carrot, sprinkled with sunflower seeds, drizzled with balsamic reduction.

Contains: (F) (M) Cashew (MD) (CN)

ADDITIONAL SIDE ORDERS:

Boiled Rice€	4.15
Garlic Potatoes (M)€	4.15
Creamed Potatoes (M) €	4.15
Chips (M) (CY) Wheat €	4.50
Selection of Vegetables: (M) €	4.15
Side Salad (MD) (SD) €	4.15
Onion Rings Wheat (M) €	4.15
Spicy Wedges Wheat (CY) €	4.15
Crusty Garlic Bread: (M) Wheat €	6.25

ITALIAN STONE BAKED 9 INCH PIZZA

ALL OUR PIZZAS ARE SERVED WITH A GARLIC DIP ALL SERVED WITH CHIPS

SIDE SALAD AVAILABLE ON REQUEST

(*) Can be made Gluten Free. (V) Can be made Vegetarian. Contains: (M)
Margherita Pizza
Pepperoni
BBQ Feast£14.95 Beef, pork & chicken in a rich BBQ sauce, topped with duo of cheese & relish. Contains: Wheat (S) (M) (E) (CY) (SD)
Loaded Meat
Vegetarian









Bistro Menu



SANDWICHES

With any of the following fillings: Ham (SD), Cheese (M), Chicken, Chicken & Stuffing Salad (M) (Wheat) Salad Mix (MD) (E) Wheat

Sandwich with 1 Filling (Wheat) (M)
Freshly Cut Sandwiches with 2 Filling (Wheat) (M) €7.30 Add Combo: Soup or chips (Contains M) €11.75
Freshly Cut Sandwiches with 1 Meat & 2 Filling €7.90 Wheat) (M) (SD) Add Combo: Soup or chips (Contains M) €12.50
Gluten Free Bread with 2 Fillings
With 3 Fillings
Tortilla Wrap (Wheat)
Whitford Toasted Special €8.95 With home cooked bacon, cheddar cheese, tomato and onion, served with salad and nachos. Contains: Wheat (M) (MD) (E) Add Combo: Soup or chips (Contains M)
Classic Toasted Sambo

All Sandwiches are accompanied with Taco Dip, Nachos & Salad Garnish Contains: (MD) (E)

SPECIALITY SANDWICHES

Fish Finger Bap	95
Golden fried cod goujons with gem leaves, burger sauce &	
melting cheddar in a brioche bun, served with chips and salad.	
Contains: Wheat (E) (M) (F) (MD) (SD)	

Open Steak Sambo €19.80
Pan-fried 6oz steak on focaccia bread, gem lettuce and red onion
marmalade, sauté garlic mushrooms, dijon mustard mayonnaise,
chips & side salad, pepper sauce dip.
Contains: (M) Wheat (CY) (SD) (E)

Spiced Chicken Relish Bake €1	15.2
Toasted garlic ciabatta, topped with cajun chicken, tomato	
relish & melting cheese, drizzled with basil pesto & side	
salad with chips.	

Contains: Wheat (M) (MD)

Golden Chicken Tender Wrap	€14.5
Gem lettuce, tomato and taco mayonnaise in a soft tortill	a,
served with chips, side salad & nachos.	
Contains: Wheat (SD) (M) (MD) (CY)	

Peppered pulled beef, gem leaves, sauté onions, topped with melting brie.

Contains: Wheat (CY) (SD) (M)

LOADED SAVOURY FRIES
Golden Fries topped with:
Spicy Mexican Beef, Cheese and Taco €10.99
Contains: Wheat (E) (S) (MD) (M) (CY)
Crispy Bacon, Cheese & Garlic Mayonnaise €9.95
Contains: Wheat (SD) (M) (MD) (E)
BBQ Pulled Pork, Melting Cheese €10.99
Contains: (M) Wheat (E) Barley (SE) (CY) (MD)

TEAS / COFFEES

Cappuccino	00
Calypso Coffee €7.	90
Espresso €3.	65
Americano	
Latte	00
Herbal Tea	00
Hot Chocolate	85
Irish Coffee	50
Russian Coffee €7.	90
French Coffee	90
Iced Coffee Frappé	00
Flavoured Syrups	tra

Barista Plant Based Milks 50c extra Soya, Almond, Oat.

Salted Caramel, Hazelnut, Vanilla, Chocolate Cookie,

ICE CREAM SUNDAES

Sticky Toffee & Banana Sundae €7.50
Warm sticky toffee, banana & butterscotch sauce,
layered between soft whipped ice-cream. Contains: Wheat (M)
Rocky Road Sundae €7.50
Biscuit crunch, brownie pieces, marshmallow & chocolate sauce,
layered between soft whipped ice-cream.
Contains: Wheat (F) (M)

Orange Spiced Sponge & Pear Sundae €7.50 Vanilla sponge flavoured with orange, cinnamon & ginger, topped with succulent pear layered between soft whipped ice-cream.

Contains: Wheat (E) (M)

Spiced Maple

Warm Apple Crumble Sundae €7.50 Apple, oatmeal crumble with warm custard, layered between soft whipped ice-cream.

Contains: Wheat (E) (M)

HOMEMADE DESSERTS

FROM ELAINE'S PASTRY CORNER

Traditional Bread & Butter Pudding €7.56 Served with custard & vanilla whipped ice-cream Contains: Wheat (M) (E)
Whitford Fluffy Pavlova
Ferrero Rocher Cheesecake €7.50 Garnished with glazed hazelnuts, wafer & chocolate crunch Contains: (M) Wheat, Hazelnuts
Warm Sticky Toffee Pudding €7.56 Served with warm butterscotch sauce & vanilla whipped ice-cream. Contains: (E) (M) Wheat
Warm Apple & Pear Sponge €7.56 Served with custard & vanilla whipped ice-cream Contains: Wheat (M) (E)
Selection of Delux Ice Cream
Double Chocolate Brownie €7.56 Served with chocolate sauce & honeycomb ice-cream. Contains: (M) Wheat (E)
Gluten Free Chocolate or Blueberry Muffins €6.99 Served with raspberry sorbet & fresh fruit Contains: ((E)
Homemade Scones
CHILDREN'S DESSERTS
Trolls Pear Swirl
Spiderman's Web Slinger€5.8 Warm Soft Pancakes, topped with Marshmallows & Strawberrie

sugar coated Beans. Contains: (M) (Wheat)

Contains: (M) (Wheat) (E)

Peter Pan's Chocolate Pop€5.80 Warm Chocolate Brownie, chocolate sauce, topped with

Lime Syrup, Green Jelly, Soft Whipped Ice-Cream, topped with

whipped Ice-Cream, Flake Crunch.

Contains: (M) (Wheat)

Super Mario 'Brum Brum' €5.80 Seasonal Berries, Strawberry Syrup, Jelly, topped with

Vanilla Ice-Cream & Rainbow Sprinkles.

drizzled with duo sauces, Chocolate & Butterscotch.

Contains: (M) (Wheat)

We regret due to the Government VAT rate increase from 9% to 13.5% in hospitality we have had to make the difficult decision to pass on these costs in part. We apologise for this and thank you sincerely for your valued custom and for supporting local.

The Whitty Family