Dear Guest,

At Whitford we handpick the very best quality ingredients from a brigade of local and artisan suppliers. This ensures that only the freshest and most flavoursome food is served to our guests, whilst supporting the local economy and the environment.

The following is a list of our Local Food Hero's:
Atlantis of Kilmore Quay, Richie Doyle's Meats,
Castle Brand Eggs, Cullen's Fruit & Vegetables,
Stafford's Bakery, Greenhill Fruit, Scallans & Moss Foods.

*** NO BILLS CAN BE SPLIT FOR PARTY'S OVER 6 PAX**

PLEASE ADVISE YOUR SERVER OF ANY FOOD ALLERGY

APPETISERS

	STARTER	MAINS
Sticky Korean Style Chicken Wings	€13.50	€23.95

Succulent chicken wings glazed in a sticky Korean-style sauce, finished with toasted sesame seeds and served with crisp celery and a creamy blue cheese dip.*Prefer a little more heat? Hot sauce available on request.*
Contains: Wheat (e), (md) (se) (s) (m)

Golden Fried Brie Cheese €12.50 €20.95
Crisp and golden on the outside fried Brie with pear and winter fruit relish, a rustic garlic croûte, honey-glazed walnuts and fresh gem leaves.
Contains: Wheat (e), (m) walnuts

Chilli Beef Nachos €12.95 €22.95
Crunchy tortilla chips generously layered with our spiced beef and bean chilli, melted cheddar, cool sour cream, fiery jalapeños and sweet cherry tomatoes. ***Contains: (e) (m) (md) (se) (s) (cy)***

Creamy Chicken and Mushroom Vol-au-Vent €11.95 €22.95
Buttery, golden vol-au-vent filled with tender chicken and mushrooms in a silky creamy white wine and garlic sauce, crowned with crispy bacon strips. ***Contains: Wheat (m) (se) (cy)***

Oven Baked Fish Crumble €12.95 €23.95
A luxurious combination of Salmon, cod and succulent prawns baked in a delicate citrus and spring onion cream, finished with a golden Parmesan and panko crumb with a crisp garlic croûte.
Contains: (f) (cn) (m) wheat (cy) (sd)

Chef's Homemade Market Vegetable Soup €7.25
A comforting bowl of seasonal homemade soup prepared with a selection of market vegetables, served with a crusty bread roll and traditional wholemeal brown bread. ***Contains: (m) wheat (cy) (sd)***

Richie Doyle's Succulent Baby Back Ribs €13.50 €25.50
Fall-off-the-bone baby back ribs generously coated in our rich sticky BBQ glaze, accompanied by a skewer of pineapple, sweet bell peppers and tomato. ***Contains: barley (sd) (se) (cy) (md)***

Classic Prawn Cocktail €12.50 €24.50
Succulent citrus-scented prawns nestled on crisp lettuce, finished with our brandy-infused silky Marie Rose sauce and a dusting of smoked paprika, served with rustic bread. ***Contains: (cn) (m) (md) (sd) wheat***

Caesar Salad €9.95 €14.95
Crisp cos lettuce tossed in our creamy Caesar dressing, with crunchy herb croûtons and Parmesan shavings
Make it your own:
Warm Cajun-spiced chicken €13.50 €18.95
Black pudding & crispy bacon €13.50 €18.95
King prawns in garlic & spring onion butter 7 (cn) €14.50 €23.95
Sliced plain chicken breast €13.50 €18.95
Contains: Wheat (m)(e) (md)(cn)(f)(sd)

Classic & Timeless Egg Mayonnaise €10.95 €17.95
Boiled eggs finished with a duo of sauces, served with creamy potato salad, homemade crunchy coleslaw, fresh gem leaves, mature cheddar, ripe tomato and traditional wholemeal brown bread.
Contains: wheat (e) (m) (md) (cy)

Forthside Chunky Homemade Seafood Chowder €12.95
A rich and comforting homemade seafood chowder, generously filled with seafood and served with traditional wholemeal brown bread.
Meal It Up €18.50
Turn our signature seafood chowder into a winter hearty bowl with golden chips and warm garlic bread.
Contains: (m) (cn) wheat (cy) (ms) (f) (sd)

Crispy duck & vegetable spring rolls €12.95 €22.00
Crisp, golden spring rolls packed with tender duck and vegetables , paired with a vibrant orange -carrot and raisin salad and an aromatic Hoi Sin dipping sauce. ***Contains: wheat (s) (se)***

Grilled goats cheese salad €13.50 €24.00
Warm grilled goat's cheese with crisp romaine and peppery rocket, earthy pickled beetroot, orange-marinated raisins, julienne carrot, sweet grapes and finished with honey-glazed walnuts and a glossy balsamic glaze.
Contains: (m)

MAIN COURSE SIZE SERVED WITH CHIPS OR VEGETABLES & POTATOES. *CONTAINS: (M) (SD)*
SIDE SALAD CONTAINS: *(M) (MD) (E)* AVAILABLE ON REQUEST

WHITFORD HOUSE HOTEL **** EST.1964

MAINS

PLEASE NOTE ALL ITEMS ON THIS MENU ARE COOKED TO ORDER, PLEASE ALLOW FOR COOKING TIME - ALL OUR BEEF IS OF IRISH ORIGIN.
ALL MAIN COURSES COME WITH EITHER POTATO *(CONTAINS: SD, M)* OR CHIPS & VEGETABLES *(CONTAINS: M).*
SIDE SALAD AVAILABLE ON REQUEST CONTAINS: *(M) (SD) (MD)*

FROM THE GRILL

10 oz dry aged sirloin steak €33.95
A beautiful dry-aged 10oz sirloin, cooked to your liking and rested over creamy champ mash. Finished with golden crisp onion rings, buttery sauteed mushrooms and a roasted half tomato. Choose between melting spring onion & garlic butter or our rich, creamy pepper sauce.
Contains: (sd) (m) wheat (e)

Large mix grill €24.95
A serious feast from the grill – two crispy rashers, two sausages, black & white pudding, a juicy grilled pork chop & tender lamb cutlet, sautéed mushrooms, grilled tomato and a fried egg.
Contains: (sd) (m) wheat (e) (cy) barley

Small mix grill €16.95
A hearty combination of two rashers, two sausages served with buttery sautéed mushroom, grilled tomato and a fried egg.
Contains: (sd) (m) wheat (e)

The Yorky €29.95
A succulent 8 oz sirloin steak nested on a creamy champ mash with sautéed onions and mushrooms, presented in a large golden Yorkshire pudding. Finished with your choice of luxurious creamy pepper sauce or a melting garlic & spring onion butter. ***Contains: (sd) (m) wheat (e) (cy)***

Slow Roast Lamb Shank €24.95
Slow roasted until beautifully succulent and nested on a smooth honeyed sweet potato puree. Finished with fragrant wholegrain mustard & thyme jus. ***Contains: (sd) wheat (cy) (md)***

Braised Featherblade of Beef €24.95
Slow-braised featherblade of beef, melting tender and served over a creamy champ mash. , Crowned with a golden stuffing ball and generously finished with a rich mushrooms, chorizo & silverskin onion sauce. ***Contains: (sd) wheat (e) (m) (cy)***

Asian Chicken Curry €22.95
Tender chicken simmered in a fragrant coconut milk & mango chutney curry with crisp green beans , red onion, sweet bell peppers and bok choy. Served with aromatic scented rice and crisp prawn crackers.
Contains: (cy) (md) (cn) (f)

King Prawn Curry €24.95
Succulent king prawns in our fragrant Asian-style curry. Bursting with warm spices and vibrant flavour. ***Contains: wheat (cy) (cn) (md) (f)***

Roast Half Duck €24.95
Beautifully roasted half duck, carved over vibrant noodle & vegetable stir fry, then glazed with a glossy orange & ginger sauce.
Contains: wheat (sd) (cy).

Oven Roasted Breast of Chicken €22.95
Succulent oven-roasted chicken breast filled with fragrant herb & onion stuffing, wrapped in bacon, carved onto creamy champ mash and finished with a silky basil café au lait sauce.
Contains: (sd) wheat (cy) (m)

Teriyaki & Orange Chicken Noodle Stirfry €22.95
Tender chicken with bok choi green beans and stirfry vegetables with pineapple chunks, tossed with noodles in a light teriyaki and orange sauce. ***Contains: wheat (cy) (sd) (se)***

King Prawn Teriyaki & Orange Noodle Stirfry €24.95
Contains: (se) (s) (cy) (cn)

Lightly Spiced Chicken Fusilli Pasta €22.95
Succulent chicken and fusilli tossed through a luxuriously creamy , lightly spiced tomato sauce with spinach, sweet cherry tomatoes, sweet bell pepper and fresh spring onion. Finished with shaved Parmesan and a crisp garlic croute. ***Contains: wheat (m) (sd) (cy)***

Lightly Spiced Prawn Fusilli Pasta €24.95
Prawn and fusilli tossed through a luxuriously creamy , lightly spiced tomato sauce with spinach, sweet cherry tomatoes, sweet bell pepper and fresh spring onion. Finished with shaved Parmesan and a crisp garlic croute. ***Contains: wheat (cn) (m) (sd) (cy) (e)***

BURGER BAR

The Ultimate Double Beef Burger €21.95
Two thick, juicy 6oz gourmet Hereford beef burgers, stacked high with melting Emmental cheese, crisp streaky bacon, tomato & pickle relish, soft fried egg , our signature homemade Whitford burger sauce, crisp gem leaves, on a buttery soft brioche bun.
Contains: (sd) wheat (e) (md) (cy) (m) barley

Petit Single Beef Burger €16.95
A juicy 6oz gourmet Hereford beef burger loaded with melting Emmental cheese, crisp streaky bacon & soft golden fried egg. Layered with tangy tomato & pickle relish & our signature homemade Whitford burger sauce, crips gem leaves all wrapped up in a buttery brioche bun.
Contains: (sd) wheat (e) (md) (cy) (m) barley

Open House Chicken Burger €19.95
Golden fried Cajun chicken, rested on a toasted onion bap with creamy signature Whitford burger sauce, gem leaves. Topped with a sticky red onion marmalade & melting brie fritter then finished with a glossy balsamic reduction & rocket leaf.
Contains: (m) Wheat (sd) (cy) (e)

The Carnivore Burger €21.95
Big and bold meaty – juicy 6 oz beef patty stacked with spiced chicken, pulled bbq beef and streaky rashers, layered with burger sauce, melting Emmental cheese. Finished with a punchy pickled tomato relish and packed into a buttery brioche bun.
Contains: Wheat (sd) (m) (md) (e)

FROM THE SEA

Baked fillet of Citrus Salmon €24.95
A succulent fillet of salmon, gently baked with a hint of citrus and laid over a rich beetroot risotto. Finished with a fragrant basil pesto for a fresh & vibrant lift. ***Contains: (f) (m) cashew***

Baked Cod, Salmon and King Prawns €25.95
An exquisite trio of flaky cod, tender salmon and king prawns served in a tomato, caper, spring onion & garlic butter, sauté spinach and green beans, topped with a golden monkfish scampi.
Contains: Wheat (f) (m) (e)(cd)

Grilled Fillet of Haddock €23.95
A beautifully grilled fillet of haddock crusted with a crisp & golden parmesan panko. Nestled on a warming ragout of chick pea, kidney bean and sweet bell pepper simmered in a light creamy spiced Italian tomato sauce. ***Contains: Wheat (f) (m) (sd) (cy)***

Medallions of Fajita Crusted Monkfish Scampi €24.95
Tender medallions of monkfish wrapped in a beautifully crisp fajita crust. Served with tangy homemade tartar sauce & creamy coleslaw. ***Contains: Wheat (f) (m) (e) (md)***

The Fisherman €23.95
Golden Fried Catch of the Day in a light sea salt & vinegar batter and fried until irresistibility golden and crisp. Served with mushy peas & homemade tartar sauce. ***Contains: Wheat (f) (m) (e)(cd)***

Cajun king prawn skewer €24.95
King Prawns dusted with cajun spice and grilled until beautifully succulent. Rested on risi bisi rice (rice with peas, corn and chorizo) then finished with a silky rich citrus cream
Contains: (cn) (m) (cy)

ALLERGENS - All 14 allergens are used openly through-out the kitchen. Please inform your server of any allergens.
***Gluten = all glutens are individually noted;**
***Crustaceans = CN; *Eggs = E; *Fish = F; *Molluscs = MS;**
***Soybeans = S; *Peanuts = P;**
***Nuts = all nuts are individually noted; Milk = M;**
***Celery = CY; *Mustard = MD; *Sesame Seeds = SE;**
***Sulphates = SD; *Lupin**

GREEN TEMPTATIONS

All Salad Main Courses served with wholemeal brown bread

Sirloin steak Salad €22.95
Mouthwatering slivers of sirloin steak in Korean marinade. Paired with Peppery Rocket, cos leaves, sweet bell pepper, pineapples and scallions. Finished with a cool swirl of creamy wasabi yogurt
Contains: (m) (sd) (cd)

Home Cooked Cold Meat Salad €22.50
A lavish plate of tender chicken breast , roast sirloin of beef and honey-glazed back bacon, surrounded by creamy coleslaw, potato salad, pesto pasta, boiled egg, duo of sauces, seasonal leaves, cheddar cheese, tomato relish served with brown bread, salad garnish.
Contains: (m) (sd) (cy) (md) cashew, wheat (e)

Seasonal Seafood Salad €24.95
A tempting selection of delicately steamed locally sourced salmon, cod, tiger prawns and shrimp, paired with pesto pasta, crisp seasonal leaves , tomato, egg, duo of sauces, coleslaw, potato salad. Finished with a punchy taco dipping sauce and served with fresh brown bread.
Contains: (m) (f) (cy) (md) cashew, wheat (e)

Crisp Streaky Bacon & Golden Fried Brie Salad €18.95
Golden fried Brie with a melting centre, crisp streaky bacon and mixed leaves, tossed with tomato, red onion and sweet bell pepper. Finished with a tangy pickled winter fruit relish.***Contains: (m) Wheat (sd) (md) (e)***

Additional Side orders:

Savoury Rice (CY) €4.95
Creamy Potatoes (M) €4.95
Chips €4.95
Selection Vegetables (M) €4.95
Side Salad (MD) (E) €4.95
Onion Rings (Wheat) (M) €4.95
Spicy Wedges (Wheat) (CY) €4.95
Warm Crusty Garlic Bread with Duo of Cheese (M) (Wheat) €6.95

Additional Dips €1.50
Curry, BBQ, Taco, Garlic Mayonnaise, Pepper Sauce, Sweet Chilli, Marie Rose, Tartar.

PIZZA AL FORNO

ALL OUR PIZZA ARE SERVED WITH GOLDEN FRIED CHIPS AND OUR CREAMY GARLIC DIP.
GARLIC DIP CONTAINS (MD)(M)(E)
SIDE SALAD CONTAINS: (M) (MD) (E) AVAILABLE ON REQUEST
(*) CAN BE MADE GLUTEN FREE. (V) CAN BE MADE VEGETARIAN. CONTAINS: (M)

Melting Margherita Pizza €16.95
A timeless favourite – Rich Tomato sauce topped with an Italian mozzarella cheese & golden melted cheddar.
Contains: wheat (m) (sd) (m) (e) (cy)

Spicy Pepperoni €17.50
A true classic, Mozzarella & cheddar cheese loaded with spicy pepperoni. ***Contains: wheat (m) (sd) (cy)***

Beefy B.B.Q. €17.50
Tender slow cooked beef coated in a rich B.B.Q sauce sweetcorn and red onion finished with generous blanket of melting cheddar & mozzarella cheese. ***Contains: wheat (m) (sd) (m) (e) (cy)***

Spicy Loaded Meat €17.50
Made for meat lovers - spiced chorizo, pepperoni, cajun chicken, fiery jalapeño and a delicious duo of cheese.
Contains: wheat (md) (sd) (m) (e) (cy)

Veggie Pizza €17.50
A vibrant Tomato base pizza topped with sweetcorn, olives, cherry tomatoes. mushroom & pineapple on a duo of melting cheese.
Contains: (m) wheat (md) (e) (cy)

Brie cheese & red onion marmalade pizza €17.95
Creamy melted Brie paired with sweet red onion marmalade and fresh spinach. Finished with walnuts and a glossy balsamic drizzle.
Contains: (m) wheat (md) (e) walnut (cy)

Find us on Facebook and Instagram

THE WEXFORD FOOD FAMILY IRELAND

IF DESIRED TIPS MAY BE GIVEN BY EITHER CASH OR CASH BACK FACILITY ONLY. PLEASE NOTE WHITFORD HOTEL DOES NOT ENGAGE IN THE DISTRIBUTION OF TIPS BY E TRANSACTION

VEGAN & HEALTHY OPTIONS

STARTERS

Vegan Nachos **€9.95**
Golden & crunchy Crisp Nachos loaded with fiery jalapenos, red onion, juicy tomato & fresh spring onion topped with melting plant base cheese, drizzled with vegan mayonnaise.

Refreshing Fan of Watermelon **€7.95**
Juicy watermelon fanned across the plate with sun-sweet Scillian orange, paired with a cooling spinach & fruit smoothie.

Panfried Mushrooms & Spring Onion in olive oil **€9.95**
Mushrooms and fresh spring onion fried in olive oil ,rested on a toasted whole grain croute. ***Contains: Wheat***

Tossed Salad of Cos Leaves **€7.95**
Crisp cos leaves scattered with crunchy walnuts, celery, sweet cherry tomato, carrot and raisins all dressed with a creamy vegan mayonnaise, glossy balsamic glaze. ***Contains: Walnuts (cy)***

VEGAN MAINS

Sweet Potato Falafel Wraps **€18.95**
Golden sweet potato falafel wrapped in a warm, soft tortilla with red onion marmalade, creamy vegan mayo and crisp gem lettuce. Served with golden chips and fresh salad. ***Contains: Wheat (sd)***

Oriental Vegetable & Fruit Stir- Fry **€18.95**
A sizzling medley of colourful vegetables and juicy fruit. Wok-tossed in a glossy Oriental-style sauce and served with savoury rice.
Contains: Wheat (sd) (cy)

Asian Flavoured Vegan Curry **€18.95**
A rich, aromatic curry with chickpeas, kidney beans, spinach and sweet bell peppers, slowly simmered with warming Asian spices and served with scented rice. **Contains: (cy)(sd)**

Whitford Vegan Spice Bag **€18.95**
Golden Chips, crisp vegetables and flavour-packed falafel, tossed in our signature Whitford spice blend. ***Contains: Wheat (s) (sd) Barley***

Mushroom, Cherry Tomato and Spring Onion Risotto **€18.95**
A slow-cooked risotto folded through with golden mushrooms, bursting cherry tomatoes and fresh spring onion, finished with a glossy balsamic reduction. ***Contains: Wheat (sd) (cy)***

VEGAN DESSERTS

Vegan Acai Bowl **€8.95**
Velvety Acai Bowl topped with fresh banana, juicy strawberries, and sweet dates, crowned with creamy peanut butter and a luscious drizzle of maple syrup, almond flakes. ***Contains: Peanuts, Almond***

Seasonal Berry Sundae **€7.95**
Juicy seasonal berries layered with raspberry and exotic passion fruit sorbet. Deliciously fruity & refreshing. ***Contains: (sd)***

Warm Apple, Pear and Nut Crumble **€7.95**
Warm apple and pear beneath a crisp, golden nut crumble, paired with refreshing sorbet that slowly melts into every spoonful.
Contains: Oats, Walnuts, Almonds

VEGETARIAN OPTIONS

STARTER . .MAINS

Cauliflower Wings ..... **€9.95 . . .€18.50**
Florets of Cauliflower coated in a beautifully seasoned, golden spice crumb. Dip into sticky sweet chilli, swirl of creamy blue cheese, mayonnaise
Build it up: Chips & Salad, Cauliflower Wings
Contains: Wheat (m)(cy)(sd)(md)(e)

Fusilli Pasta In Rich Creamy Spiced Tomato Sauce ..... **€10.95 . . .€19.95**
Fusilli pasta simmered in a rich tomato sauce with spinach and juicy cherry tomatoes, sweet bell peppers sprinkled with Parmesan and finished with a golden garlic crute. ***Contains: Wheat (m)(cy)(sd)(e)***

Homemade Chickpea & Vegetable Burgers **€18.95**
A hearty homemade chickpea & vegetable burger loaded into a soft brioche bun with Emmental Cheese, crisp gem lettuce and creamy burger sauce. ***Contains: Wheat (cy)(sd)(md)(e)(m)***

Coconut Milk & Mango Asian Curry **€18.95**
A silky coconut & mango curry packed with seasonal vegetables, chickpeas, and kidney beans. Served with savoury rice.
Contains: (cy)(sd)

Crisp Vol-Au-Vent Cases **€18.95**
A golden, delicate pastry shell overflowing with seasonal vegetables paired with a creamy garlic and mushrooms sauce. ***Contains: (cy)(sd)(m) wheat***

Veggie Yorkie **€18.95**
A giant golden Yorky pudding loaded with buttery champ mash, sauté onions, sliced mushrooms, sweet bell peppers and tomatoes. Topped with a golden stuffing ball and creamy pepper sauce.
Contains: Wheat (m)(cy)(sd)

GLUTEN FREE MENU

STARTERS

STARTER MAINS

Louisiana Hot Sauce Chicken Wings ..... **€13.50 . . .€23.95**
Juicy chicken wings tossed in a fiery Louisiana hot sauce , served with cool, creamy blue cheese dip and crisp celery for the perfect hot-and-cool combination. ***Contains: (m)(c)(md)(e)***

Classic Prawn Cocktail ..... **€12.50 . . . .€24.50**
Succulent citrus-scented prawns nestled on crisp lettuce, finished with our brandy-infused silky Marie Rose sauce and a dusting of smoked paprika, served with rustic bread. ***Contains: (m)(md)(e)***

Chilli, Beef & Bean Nachos ..... **€12.95 . . . .€22.95**
Crunchy tortilla chips generously layered with our spiced beef and bean chilli, melted cheddar, cool sour cream, fiery jalapeños and sweet cherry tomatoes. ***Contains: (cy) (sd) (m) (md) (e)***

Classic Egg Mayonnaise ..... **. . . .€10.95**
Boiled eggs finished with a duo of sauces, served with creamy potato salad, homemade crunchy coleslaw, fresh gem leaves, mature cheddar, ripe tomato with gluten free bread. ***Contains: (cy)(md) (m)(e)***

Chefs Homemade Soup of the Day ..... **. . . .€7.25**
A comforting bowl of seasonal homemade soup prepared with a selection of market vegetables, served with gluten free bread.
Contains: (s) (m) (e) (sd) (cy)

Forth side Chunky Seafood Chowder ..... **. . . .€12.95**
A rich and comforting homemade seafood chowder, generously filled with seafood and served with gluten free bread.
Contains: (cy) (m) (f) (sd)

Warm Cajun Chicken Caesar Salad ..... **€13.50 . . . .€18.95**
Warm Cajun-spiced chicken layered over crisp cos lettuce tossed in our creamy Caesar dressing. ***Contains: (cy)(md) (m)(e)(sd)***

Prawn Ceasar Salad ..... **€14.50 . . . .€23.95**
Succulent prawns layered over crisp cos lettuce tossed in our creamy Caesar dressing. ***Contains: (cy)(md) (m)(e)(sd)***

GLUTEN FREE MAINS

10oz Sirloin steak **€33.95**
A beautiful dry-aged 10oz sirloin, cooked to your liking and rested over creamy champ mash topped with buttery sauteed mushrooms and a roasted half tomato, finished with spring onion & garlic butter.
Contains: (sd) (m)

Mix Grill **€18.95**
A hearty combination of two rashers, two gluten free sausages, lamb cutlet and grilled tomato, with saute mushrooms, a soft fried egg and juicy grilled pork chop. Served with chips. ***Contains: (sd) (m) (e)***

Coconut Milk & Mango Asian Curry
Slowly simmered in a fragrant coconut milk & mango chutney curry served with red onions, sweet bell peppers and bok choy. Served with aromatic scented rice. ***Contains: (cy) (md) (cn) (sd)***
Add Chicken: ***Contains (cy) (sd) (md)*** **€22.95**
Add Prawns: ***Contains (cy) (sd) (md) (cn)*** **€24.95**

Slow Cooked Lamb Shank **€24.95**
Slow roasted until beautifully succulent and nested on a smooth honeyed sweet potato puree. Finished with gluten free gravy.
Contains: (sd) (cy) (m)

Baked cod, salmon & king prawns **€25.95**
An exquisite trio of flaky cod, tender salmon and king prawns served in a cherry tomato, caper, spring onion & garlic butter, sauté spinach and green beans. ***Contains: (sd) (cy) (m) (f) (cn)***

Grilled fillet of haddock **€23.95**
A beautifully grilled fillet of haddock crusted with a golden parmesan. Nestled on a warming ragout of chick pea, kidney bean and sweet bell pepper simmered in a light spiced Italian tomato sauce .
Contains: (sd) (cy) (f) (m)

Cajun Chicken & Gluten Free Penne Pasta in a Creamy Spiced Tomato Sauce **€21.95**
Tender Cajun chicken and penne pasta paired with a creamy spiced tomato sauce, folded through with spinach ,bursting cherry tomatoes & mixed bell peppers finished with a generous shower of Parmesan.
Contains: (m) (cy) (s) (e) (sd)

GLUTEN FREE PIZZA MENU

ALL SERVED WITH CHIPS & GARLIC DIPS.
Garlic Dip contains (MD)(M)(E)

Margherita **€16.95**
A timeless favourite – Rich Tomato sauce topped with an Italian mozzarella cheese & golden melted cheddar.
Contains (m) (e) (sd) (md) (cy)

Spicy Pepperoni **€17.50**
A true classic, Mozzarella & cheddar cheese loaded with spicy pepperoni. ***Contains (m) (e) (sd) (md) (cy)***

Spicey loaded Meat **€17.50**
Made for meat lovers - spiced chorizo, pepperoni, cajun chicken, fiery jalapeño and a delicious duo of cheese. ***Contains (m) (e) (sd) (md)***

Brie, Red Onion Marmalade **€17.95**
Contains (m) (e) (sd) (md) (cy)

GLUTEN FREE FAVOURITES

Gluten Free Sausages ..... **Kids €8.95 / Adult €15.95**
Served with golden chips or creamy potato mash and buttery seasonal vegetables. ***Contains: (m)***

Gluten Free Chicken Goujons ..... **Kids €8.95 / Adult €15.95**
Tender strips of golden chicken goujons, served with crisp chips or creamy potato mash with buttery seasonal vegetables. ***Contains (m)***

GLUTEN FREE DESSERTS

Homemade Chocolate & Baileys Brownie **€7.95**
A rich, fudgy chocolate brownie infused with Baileys, drizzled with silky chocolate sauce and crowned with whipped ice cream
Contains: (e) (m)

Homemade Bread & Butter Pudding **€7.95**
A comforting classic, baked until golden and smothered in velvety custard, served with cream and whipped ice cream.
Contains: (e) (m)

Winter Berry Pavlova, Berry Coulis **€7.95**
Cloud-light meringue filled with seasonal berries and fresh fruit, finished with delicate chocolate shavings and vibrant berry coulis.
Contains: (e) (m)

Steamed coconut, cashew & caramel cream **€7.95**
Decadent coconut and cashew pudding paired with honeycomb ice cream and caramel sauce. ***Contains: (e) (m)***

Vegan Açaí Bowl **€8.95**
A refreshing acai bowl topped with fresh banana and strawberries , sweet dates, flaked almonds and creamy peanut butter , finished with a drizzle of maple syrup. ***Contains: peanut, almond.***

Black Forest Sundae **€7.95**
A decadent combination of black cherry and kirsch compote , rich chocolate brownie , soft whipped ice cream , finished with silky chocolate sauce. ***Contains: (e) (m)(sd)***

Gluten free chocolate or blueberry muffins **€7.95**
Choose from rich chocolate or fruity blueberry , served with refreshing raspberry sorbet and fresh seasonal fruit. ***Contains: (e) (m) (s)***

GLUTEN FREE BEER ALSO AVAILABLE

SANDWICHES

WITH ANY OF THE FOLLOWING FILLINGS:
BACK BACON (SD), CHEESE(M), CHICKEN (CY),
CHICKEN AND STUFFING(MD)(M) OR SALAD MIX

Freshly Cut Sandwich with 1 or 2 fillints (wheat) (m) **€7.95**
Add combo: soup or chips (contains m) **€12.95**

Gluten free bread with 2/3 fillings **€7.95**
Add combo: soup or chips(contains m) **€12.95**

Tortilla wrap (wheat) **€8.35**
Add combo: soup or chips (contains m) **€13.95**

ALL SANDWICHES ARE ACCOMPANIED WITH TACO DIP,
NACHOS & SIDE SALAD GARNISH
Contains: (s)(m)

SPECIALITY SANDWICHES

Whitford toasted special **€8.95**
A house favourite loaded with home-cooked bacon, mature cheddar, juicy tomato and onion toasted until golden and served with side salad and crunchy nachos. ***Contains Wheat (m) (md) (e) (sd) (cy)***
Add combo: soup or chips *(contains m) (cy)* **€14.95**

Classic toasted sambo **€8.95**
A hearty toasted favourite packed with bacon, chicken, creamy coleslaw and crisp lettuce, served with salad and crunchy nachos
Contains: wheat (m)(sd)
Add combo: soup or chips *(contains M)* (cy) **€14.95**

Open steak sambo **€22.95**
Tender 6oz pan-fried steak topped onto onion and poppy seed bap with crisp leaves, sweet red onion, marmalade, garlic-sauteed mushrooms, djion mustard creamy mayonnaise. Served with golden chips, fresh side salad and rich pepper sauce for dipping.
Contains: wheat (m)(cy)(sd)(e)(md)

Spiced chicken bake **€15.95**
Crisp toasted garlic ciabatta topped with succulent cajun chicken , sweet red onion marmalade, pickles and melted cheese, finished with a fragrant basil pesto drizzle, served with golden chips and fresh side salad.
Contains: wheat (m) cashew (md) (e) (cy)

Chicken Caeser wrap (cajun or plain) **€15.95**
Your choice of cajun-spiced or plain chicken wrapped with crisp leaves in a soft flour tortilla with creamy Caesar mayo , crisp bacon and parmesan shaving. served with golden chips and fresh side salad.
Contains: wheat (sd) (m) (md) (cy) (e)

Toasted chicken stuffing, mayonnaise & brie baguette **€15.95**
A golden toasted baguette, generously filled with tender chicken , savoury stuffing, creamy mayonnaise and melting brie. Served with crunchy coleslaw and golden chips. ***Contains: wheat (m) (sd)(cY) (e)***

Golden tender wrap **€15.95**
Crispy golden chicken tenders wrapped with crisp lettuce, juicy tomato and creamy taco mayonnaise in a soft flour tortilla. Served with golden fries, fresh salad and crunchy nachos. ***Contains: wheat (sd) (md) (cy)(e)***

Warm goats cheese **€16.95**
Toasted ciabatta , sticky red onion marmalade, melting goats cheese, pickled beetroot, honeyed walnuts , drizzled with a piquant balsamic reduction.Served with chips and side salad. ***Contains: wheat (m)(sd)***

Creamy cajun chicken and pickle melt **€15.95**
Cajun chicken bound with mayonnaise , topped with pickle and relish , melting Emmental , between toasted bread. Served with chips and salad.
Contains: (sd) wheat (m) (e)

HOMEMADE DESSERTS

Creamy Black Cherry, Kirsch & Chocolate Cheesecake **€7.95**
Chocolate cheesecake with luscious black cherry and a splash of Kirsh, finished with rich cherry compote and swirl of whipped cream.
Contains: Wheat (m) (s) (sd) (e)

Lemon Curd Tart with Crisp Meringue Fingers **€7.95**
Velvety, **tangy lemon curd nestled in a delicate pastry shell with crisp** meringue and served with refreshing scoop of sorbet.
Contains: Wheat (m) (e)

Warm Apple, Pear & Cinnamon Sponge **€7.95**
A warm, comforting sponge with juicy apple and pear, gently spiced with cinnamon and served with silky custard and vanilla whipped cream.
Contains: Wheat (e) (m)

Seasonal Berry & Fresh Fruit Pavlova **€7.95**
Cloud-light meringue filled with seasonal berries and fresh fruit, finished with delicate chocolate shavings and vibrant berry coulis. ***Contains: (e) (m)***

Steamed Coconut, Cashew & Caramel Cream **€7.95**
Decadent coconut and cashew pudding paired with honeycomb ice cream and caramel sauce. ***Contains: Cashew (e) (m)***

Whitford Style Sherry Trifle **€7.95**
A glorious indulgent traditional trifle with layers of sherry-soaked sponge & fruit with creamy custard, topped with whipped cream and scattered with sprinkles. ***Contains: Wheat (e) (m) (sd)***

Chocolate, Hazelnut & Peanut Butter Brownie **€7.95**
Rich, fudgy chocolate brownie loaded with hazelnut and peanut butter, smothered in a warm fudge sauce and finished with vanilla whipped ice cream. ***Contains: Peanuts, Hazelnuts (m) (e) Wheat***

Warm Sticky Toffee Pudding **€7.95**
Irresistibly sticky toffee pudding served warm and luxurious butterscotch sauce , served with honey comb ice cream. ***Contains: Wheat (e) (m)***

Selection of Deluxe Ice Cream **€7.95**
A tempting selection of luxurious ice creams, served with buttery shortbread and medley of seasonal fresh fruit. ***Contains: (e) Wheat (m)***

Home-Made Fruit or Plain Scones **€4.50**
Beautifully soft homemade scones served with fresh cream and a spoonful of fruit preserve. ***Contains: Wheat (m) (e)***

ICE-CREAM SUNDAES

Black Forest Sundae **€7.95**
Decadent chocolate brownie and boozy black cherry compote layered through clouds of soft whipped ice cream, then drizzled with rich chocolate sauce. ***Contains: (e) Wheat (sd) (m)***

Biscoff & Pear Waffle Sundae **€7.95**
A warm golden waffle layered with sweet pear, irresistible Biscoff spread and soft whipped ice cream , topped with crunchy biscuit crumbs.
Contains: Wheat (m) (s)

Sticky Toffee & Banana Sundae **€7.95**
Warm sticky toffee and sweet banana folded through soft whipped ice cream, with luscious butterscotch sauce. ***Contains: Wheat (m)***

Açaí Sundae **€8.95**
Vibrant acai sorbet layered with banana, juicy blueberries, creamy peanut butter and crunchy granola , swirled through soft whipped ice cream.
Contains: (m)

Lemon Meringue Sundae **€7.95**
Silky lemon curd and crisp little meringue pieces layered through soft whipped ice cream for a deliciously sweet, sharp and creamy finish.
Contains: (e) Wheat (m)

Seasonal Berry Sundae **€7.95**
Layered between raspberry & passion fruit sorbet with fresh seasonal berries and soft whipped ice cream. ***Contains: Whet (M)***

KIDS DESSERTS

Charlies Chocolate Melt Sundae **€6.75**
Warm chocolate brownie and chocolate sauce topped with soft whipped ice cream & marshmallows. ***Contains: (e) (m) Wheat***

Sid's Wibbly Wobbly Wonder Sundae **€6.75**
Fruit jelly, strawberry ice cream, banana, topped with soft whipped ice cream. ***Contains: (m) Wheat***

Donkey Naughty-but-Nice Sundae **€6.75**
Warm Belgian waffle, topped with honeycomb ice cream, drizzled with Biscoff glaze topped with whipped ice cream. ***Contains: Wheat (m) (s)***

Spiderman Webs **€6.75**
Duo of syrup, strawberry & bubble gum, with marshmallows, chocolate candy beans & whipped ice cream. ***Contains: (m)***

Princess Elsa Treat **€6.75**
Warm American pancake, sliced strawberry, drizzled with maple syrup, Soft whipped ice cream & rainbow sprinkles. ***Contains: Wheat (m)***

TEAS / COFFEES

Tea **€3.00**
Baileys Coffee **€8.40**
Cappuccino **€4.50**
Calypso Coffee **€8.40**
Americano **€4.35**
Russian Coffee **€8.40**
Latte **€4.50**
Herbal Tea **€4.50**
Hot Chocolate **€5.35**
Espresso **€4.15**
Iced Coffee Frappé **€5.75**
Irish Coffee **€8.00**
French Coffee **€8.40**

Flavoured Syrups ..... **70c extra**
Salted Caramel, Hazelnut, Vanilla, Chocolate Cookie, Spiced Maple

Barista Plant Based Milk Soya, Almond, Oat. ..... **70c extra**

Whitford Caramel Frappe **€6.95**
Smooth espresso, caramel over crushed ice, topped with milk and whipped cream to finish it off.