

Dear Guest,

At Whitford we handpick the very best quality ingredients from a brigade of local and artisan suppliers. This ensures that only the freshest and most flavoursome food is served to our guests, whilst supporting the local economy and the environment.

The following is a list of our Local Food Hero's:  
Atlantis of Kilmore Quay, Richie Doyle's Meats,  
Castle Brand Eggs, Cullen's Fruit & Vegetables,  
Stafford's Bakery, Greenhill Fruit, Scallans & Moss Foods.

PLEASE ADVISE YOUR SERVER OF ANY FOOD ALLERGY

\* WE REGRET IS NOT POSSIBLE TO SPLIT BILLS FOR PARTY'S OVER 6 PAX

## STARTERS

- |  | STARTER | MAINS  |
|--|---------|--------|
| <b>Panfried succulent king prawns</b> .....<br>Spicy chorizo and cherry tomato in a rich garlic and spring onion butter, served with crisp flat bread.<br><i>Contains: Wheat (M) (Cn)</i>  | €12.50  | €24.50 |
| <b>Golden fried sesame crusted mushrooms</b> ...<br>with an aioli dip and salad garnish.<br><i>Contains: (M) Wheat (E) (Se) (Md)</i>   | €10.95  | €17.55 |
| <b>Chicken satay skewers</b> .....<br>Rested on crisp salad, drizzled with satay sauce.<br><i>Contains: Peanut (S) (Cy) (Md) (Sd)</i>  | €10.95  | €21.95 |
| <b>Melting goats' cheese and sticky red onion marmalade tartlet</b> .....<br>Perched on pesto flavoured rocket, caramelised walnuts, drizzled with balsamic reduction.<br><i>Contains: Wheat (E) (Md) (M) (Cy) (S) Walnuts, Cashews</i>  | €11.50  | €19.95 |
| <b>Crisp chicken wings</b> .....<br>in one of the following sauces:<br>Creole sauce, served with toasted dipping bread and a garlic dip.<br>OR<br>Oriental plum, soya and hoisin sauce, served with a garlic dip.<br><i>Contains: Wheat (Se) (S) (Cy)</i>  | €12.50  | €21.95 |
| <b>Potted Mexican beef chilli</b> .....<br>Gratinated with a duo of cheeses, drizzled with taco mayonnaise, served with a tomato and sweetcorn salsa, and crisp tortilla chips.<br><i>Contains: (E) (M) (Md) (Se) Wheat (S) (Cy)</i>   | €11.95  | €21.00 |
| <b>Oven baked fish crumble</b> .....<br>Salmon, cod and prawns baked in a citrus and spring onion cream sauce, topped with panko and parmesan crumb, served with garlic croute.<br><i>Contains: (F) (Cn) (M) Wheat (Cy) (Sd)</i>   | €12.50  | €22.95 |
| <b>Homemade Market Vegetable Soup of the Day</b> .€6.95<br>Served with a crusty bread roll and wholemeal brown bread<br><i>Contains: (M) Wheat (Cy) (Sd)</i>   | €6.95   |        |
| <b>Richie Doyle's Succulent Baby Back Ribs</b> .....<br>Coated in a rich BBQ glaze, served with a pineapple, sweet bell pepper & cherry tomato kebab.<br><i>Contains: Barley (Sd) (Se) (Cy) (Md)</i>   | €13.25  | €25.50 |
| <b>Forthside Chucky Seafood Chowder</b> .....<br>Served with wholemeal brown bread   | €12.95  |        |
| <b>Meal it up:</b><br><b>Bowl of chowder, garlic bread and chips</b> .....<br><i>Contains: (M) (Cn) Wheat (Cy) (Ms) (F) (Sd)</i>   | €17.95  |        |
| <b>Caesar Salad</b> .....<br>Cos lettuce, herb croutons Caesar dressing and parmesan shavings (*) (V)<br>OR topped with one of the following:<br>Warm Spiced cajun chicken .....<br>Black pudding and crispy bacon .....<br>Panfried king prawns in garlic and spring onion butter (7)<br>Sliced plain chicken .....<br><i>Contains: wheat,(m)(e)(md)(cn)(f)(sd)</i> | €9.50   | €14.50 |
| <b>Classic Egg Mayonnaise</b> .....<br>Boiled egg, glazed with a duo of sauces, accompanied with diced potato salad, coleslaw, gem leaves, cheddar cheese, tomato and a slice wholemeal brown bread.<br><i>Contains: Wheat (E) (M) (Md) (Cy)</i>   | €10.95  | €17.95 |

Main course sizes are served with vegetables (M), potatoes (M) (Sd) or Chips.

Side salad available on request. *Contains: (M) (E) (Md)*

# WHITFORD

HOUSE HOTEL ★ ★ ★ ★

## Bistro Menu

### MAINS

PLEASE NOTE ALL ITEMS ON THIS MENU ARE COOKED TO ORDER, PLEASE ALLOW FOR COOKING TIME.

ALL OUR BEEF IS OF IRISH ORIGIN.

ALL MAIN COURSES ARE SERVED WITH VEGETABLES (M) AND POTATOES (M) (SD) OR CHIPS.  
SIDE SALAD AVAILABLE ON REQUEST. CONTAINS: (M) (E) (MD)

### FROM THE GRILL

- Richie Doyle's 10 oz Dry Aged Sirloin Steak** .....  
Rested on creamy champ mash, garnished with crisp onion rings, sautéed mushrooms and roast half tomato. Choice of a butter or creamy pepper sauce.  
*Contains: (Sd) (M) Wheat (Cy)*
- Large Mix Grill** .....  
2 rashers, 2 sausages, black and white pudding, pork chop, lamb cutlet, sautéed mushrooms, grilled tomato and a fried egg served with chips. *Contains: (Sd) (M) Wheat (E) Barley*
- Small Mix Grill** .....  
2 rashers, 2 sausages, sautéed mushrooms, grilled tomato and a fried egg. *Contains: (Sd) (M) Wheat (E)*
- The Yorky** .....  
8 oz sirloin steak, served on a creamy champ mash, sautéed onions and mushrooms, presented in a large Yorkshire pudding, with creamy pepper sauce or garlic & spring onion butter.  
*Contains: (Sd) (M) Wheat (E) (Cy)*
- Slow Roast Lamb Shank** .....  
In Red Wine & Graden Herbs, nestled on spicy mango, sultana and bell pepper couscous. Served with a caramelised red onion jus. *Contains: (Sd) Wheat (Cy)*
- Whitford BBQ Plate** .....  
6 oz Hereford beef burger, house slaw, lettuce leaves and house burger sauce, topped with melting Emmental cheese, in a brioche bun. Served alongside succulent BBQ ribs, oriental chicken wings and spice bag, seasoned corn.  
*Contains: Barley (S) (M) Wheat (Md) (E) (Se)*
- Roast Half Duck** .....  
Carved onto sautéed long stem broccoli and green beans, topped with a blackberry, orange & thyme reduction.  
*Contains: (Sd) Wheat (Cy) (M)*
- Asian Chicken Curry** .....  
Coconut milk & mango Asian curry, with red onion, diced bell peppers & bok choy. Served with scented rice & prawn crackers.  
*Contains: (Cy) (Md) (Cn)*
- Prawn Curry** *Contains: (Cy) (Md) (Cn)* .....  
€24.95
- Whitford Signature Oriental Chicken Dish** .....  
Fresh plum, pineapple, green beans and bok choy, coated in a sweet soya, hoisin & plum sauce. Served with scented rice.  
*Contains: Wheat (Se) (S) (Cy)*
- Prawn Oriental** .....  
*Contains: Wheat (Se) (S) (Cy) (Cn)*
- Oven Roasted Breast of Chicken** .....  
With a herb and onion stuffing, wrapped in bacon and carved onto a champ mash, topped with basil café au lait sauce.  
*Contains: (Sd) Wheat (Cy) (M)*
- Surf 'n' Turf** .....  
8 oz sirloin steak, cooked to your liking, rested on creamy potato, topped with panfried tiger prawns, asparagus and spring onion in a rich garlic butter. *Contains: (M) (Sd) (Cn)*

### BURGER CORNER

- Double Stack Burger** .....  
Two 6 oz gourmet Hereford beef burgers with melting Emmental cheese, crisp streaky bacon, red onion marmalade, Whitford burger sauce, and crisp lettuce served in a soft brioche bun, topped with crisp onion rings.  
*Contains: (Sd) Wheat (Cy) (Md) (E) Barley*
- Single Stack Burger** .....  
One 6 oz gourmet Hereford beef burger with the above dressings.  
*Contains: (Sd) Wheat (Cy) (Md) (E) Barley*
- Open House Garlic & Lemon Chicken Burger** .....  
Toasted garlic flat bread, topped with roasted mediterranean vegetables (peppers, red onion, cherry tomato, and courgettes) topped with garlic & lemon chicken, peppery rocket, and goats' cheese arancini. Drizzled with balsamic glaze.  
*Contains: Wheat (M) (E)*
- Fried Cod Po'boi Burger** .....  
Golden fried cod, crisp lettuce, red onion marmalade, pickle & lemon mayonnaise in an onion & poppy seed bap served with creole dipping sauce.  
*Contains: Wheat (E) (M) (F) (CY) (SD) (MD)*
- The Carnivore Burger** .....  
6 oz beef patty, cajun chicken, crisp black pudding, and streaky bacon layered with house burger sauce and Emmental cheese, fruit relish in a soft floury bun.  
*Contains: Wheat (Sd) (M) (Md) (E)*

### FROM THE SEA

All our fish is locally sourced from Atlantis of Kilmore Quay and subject to availability

- The fisherman** .....  
Golden fried catch of the day in a light vinegar and sea salt batter, served with mushy peas and homemade tartar sauce.  
*Contains (F) (M) wheat (MD) (E)*
- Duo of monkfish and King prawns** .....  
Served on a bed of champ mash, with spring onion and diced chorizo in a creole sauce topped with streaky bacon.  
*Contains: (F) (Cn) (M) (SD)*
- Baked fillet of haddock** .....  
With the Parmesan, herb and Panko crust, rested on roasted Mediterranean vegetables, drizzled with a fresh basil pesto oil.  
*Contains: (F) (M) wheat cashew*
- Symphony of seafood** .....  
Cod, salmon, monkfish and King prawn, nestled in a rich citrus Cream sauce, pastry croutes and steamed asparagus spears, cherry tomato. *Contains: (F)(M)(Cy) wheat (SE)*
- Blackened salmon** .....  
Whitford style Cajun salmon, honey beetroot with a refreshing home-made tomato and sweetcorn salsa, drizzled with a balsamic reduction. *Contains: (F) (CY) (M)*
- Medallions of nacho crusted monkfish scampi** .....  
Served with a mango & curry dip, house slaw, crisp lettuce leaves.  
*Contains: wheat (E) (M) (F) (MD)*

## SALADS

- Panfried Slivers of Pepered Steak** .....  
Nestled on a tossed salad of rocket, stem broccoli, peppers, strawberry, pineapple, cherry tomato, and light French dressing.  
*Contains: (SD) (MD)*
- Home-cooked cold meat salad** .....  
Breast of chicken, roast sirloin of beef, home-cooked honey glazed back bacon, with coleslaw, potato salad, spiced couscous, boiled egg, seasonal leaves, cheddar cheese, serve with brown bread and tomato relish. *Contains: (SD) (M) (MD) (E) wheat*
- Seasonal seafood salad** .....  
Lightly steamed selection of locally sourced salmon, cod, shrimp and tiger prawns, spiced couscous, coleslaw, potato salad, crisp lettuce, taco dipping sauce, served with brown bread.  
*Contains: (F) (M) (MD) (CN) wheat*
- Summer salad** .....  
Peppery rocket, honey beetroot, strawberry, blueberry and pineapple, golden goats cheese arancini, candied walnuts, mango and lime yoghurt dressing.  
*Contains: wheat (M) (E) walnuts*
- Additional Side orders:**
- |                                     |  |
|-------------------------------------|--|
| Savoury Rice (CY) ..... €4.50       | Spicy Wedges (Wheat) (CY) ..... €4.50                          |
| Creamy Potatoes (M) ..... €4.50     | Crusty Garlic Bread with Duo of Cheese (M) (Wheat) ..... €6.95 |
| Chips ..... €4.50                   | Diced Garlic Cheesy Potatoes ..... €4.50                       |
| Side Salad (MD) (E) ..... €4.50     | Wheat (M) (CY) ..... €4.50                                     |
| Onion Rings (Wheat) (M) ..... €4.50 | Coleslaw (MD) (E) ..... €2.50                                  |

## ITALIAN STONE BAKED 9 INCH PIZZA

(\*) Can be made gluten free. (v) Can be made vegetarian.  
*Contains: (M)*

- Melting Margherita Pizza** .....  
Tomato sauce, Italian mozzarella cheese & grated cheddar  
*Served with chips & garlic dip.*  
*Contains: Wheat (M) (SD) (MD) (E)*
- Spicy Pepperoni** .....  
Mozzarella, cheddar cheese & spicy pepperoni  
*Served with chips & garlic dip.*  
*Contains: Wheat (M) (SD) (MD) (E)*
- Goats cheese and red onion marmalade pizza** .....  
Topped with rocket leaves and drizzled with balsamic vinegar served with chips and garlic dip.  
*Contains: wheat (M) (SD) (MD) (E)*
- BBQ feast** .....  
Chicken, bacon, sweetcorn and red onion in a rich BBQ sauce topped with melting cheddar and Mozzarella. Served with chips and garlic dip. *Contains: wheat (MD) (SD) (M) (E)*
- Spicy Loaded meat** .....  
Spiced chorizo, pepperoni, Cajun chicken, jalapeño, duo of cheese, served with chips and garlic dip.  
*Contains: wheat (MD) (SD) (M) (E)*
- Veggie pizza** .....  
Tomato based pizza, topped with roasted Mediterranean vegetables, sweetcorn, mushrooms and pineapple, duo of melting cheese. Served with chips and garlic dip.  
*Contains: (M) wheat (MD) (E).*

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